

# **The INDIVIDUAL INDENTITY**

**The Young Revolution**

# THE ZONES & PSYCHOLOGY

- **THE GREEN ZONES**

- **AMBER ZONE**

- **THE RED ZONE**

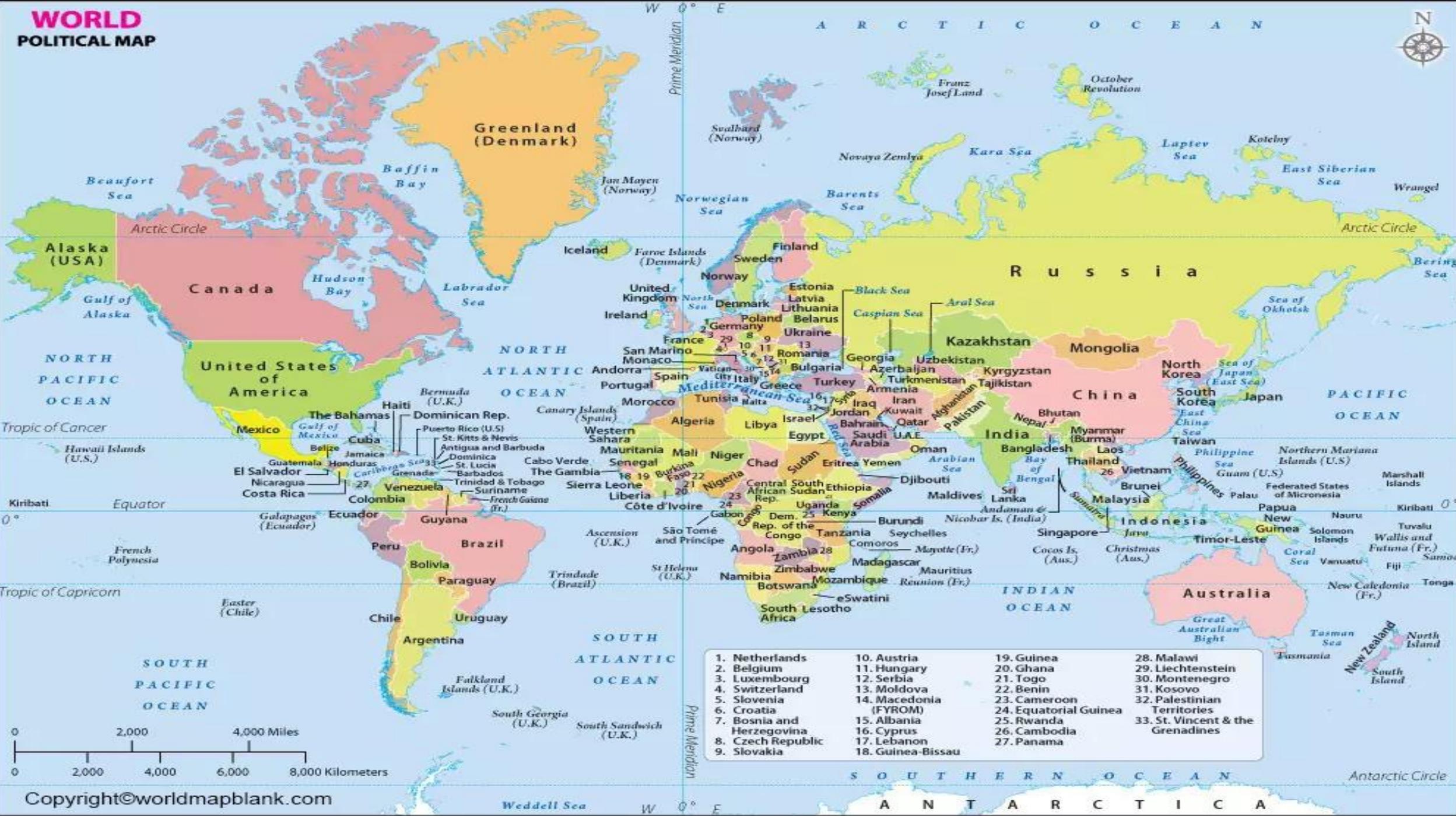
## **THE RED ZONE PSYCHOLOGY**

- ISRAEL
- PALESTINE
- SUDAN
- EGYPT
- LIBYA
- PAKISTAN
- INDIA

## **THE GREEN ZONE PSYCHOLOGY**

- NORWAY
- FINLAND
- DENMARK
- SWEDEN
- NEW ZEALAND
- ICELAND

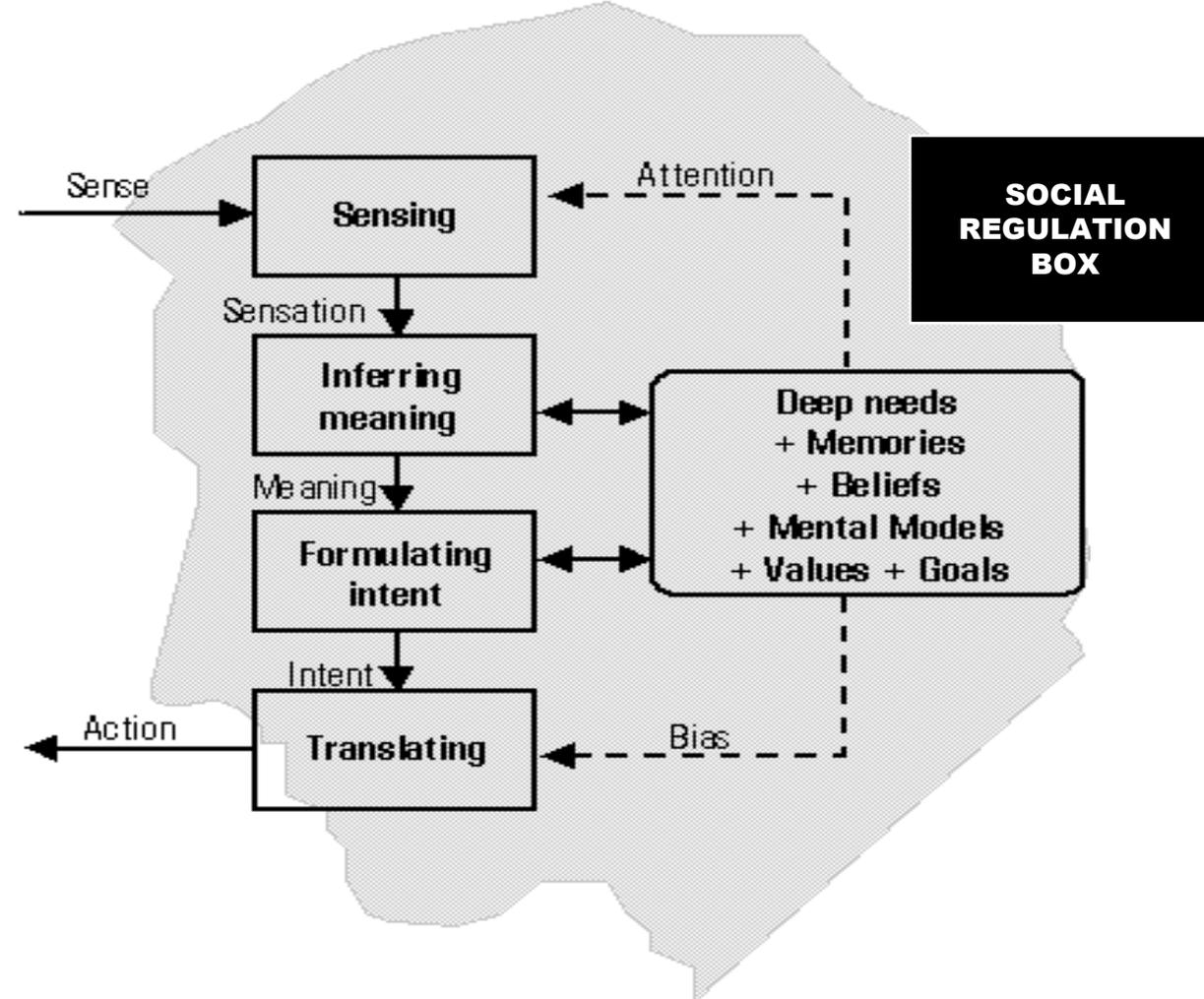
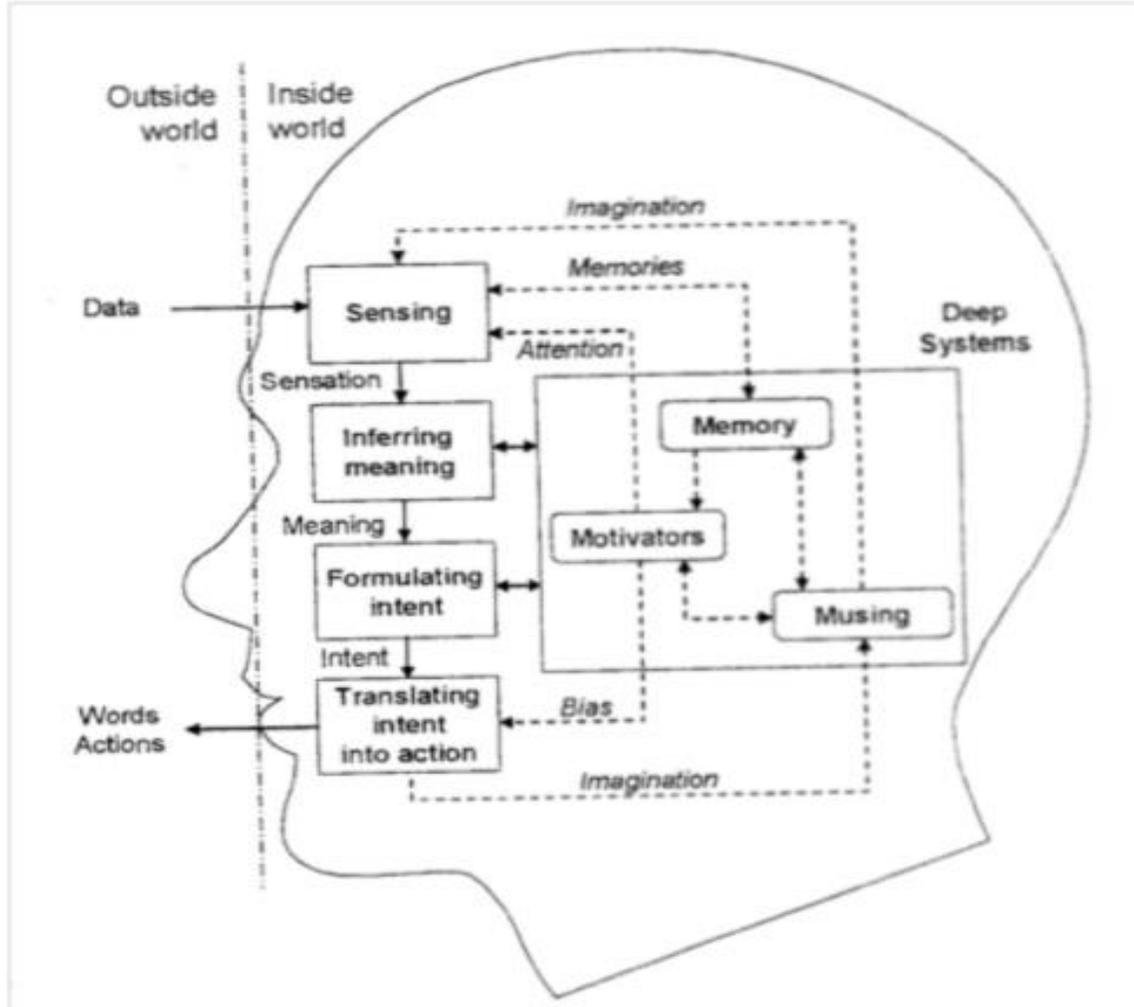
# WORLD POLITICAL MAP



- |                           |                       |                       |                                  |
|---------------------------|-----------------------|-----------------------|----------------------------------|
| 1. Netherlands            | 10. Austria           | 19. Guinea            | 28. Malawi                       |
| 2. Belgium                | 11. Hungary           | 20. Ghana             | 29. Liechtenstein                |
| 3. Luxembourg             | 12. Serbia            | 21. Togo              | 30. Montenegro                   |
| 4. Switzerland            | 13. Moldova           | 22. Benin             | 31. Kosovo                       |
| 5. Slovenia               | 14. Macedonia (FYROM) | 23. Cameroon          | 32. Palestinian Territories      |
| 6. Croatia                | 15. Albania           | 24. Equatorial Guinea | 33. St. Vincent & the Grenadines |
| 7. Bosnia and Herzegovina | 16. Cyprus            | 25. Rwanda            |                                  |
| 8. Czech Republic         | 17. Lebanon           | 26. Cambodia          |                                  |
| 9. Slovakia               | 18. Guinea-Bissau     | 27. Panama            |                                  |



# INTENT V ACTION



# The Curve of Morality

- **The moral fiber of an individual requires an ability of an environment to nurture and foster the virtues and attributes needed to perform necessary functions.**

- **The environment determines the standards on which he or she will gain the ability to trump the innate definitions of morality, empathy and justice.**

# CHARACTER & PSYCHOLOGY

## THE RUBBERMAN PSYCHOLOGY

- **The Money drive and greed**
- **Materialism & morality**
- **Fluidity of standards**
- **Heightened sense of competition**
- **A 360' comparison with the world**
- **Never ending hunger for everything**

## ATTRIBUTES & PHENOTYPE

Scared & afraid  
Weak and timid profile  
Overthinker and emotional  
Selfish and self preserved  
Skeptic and cynic  
Self driven & stingy

## PATTERNS AND SYMPTOMS

Very high success rate in visible streams  
Very versatile and flexible  
Highly resilient  
Hungry for more

# CHARACTER & PSYCHOLOGY

- **THE MANIFESTATION OF RUBBERMAN PSYCHOLOGY**

- **THE fine ability to bend your integrity for anything**
- **The high IQ to justify anything you are doing regardless of any values**
- **Cannot understand and play THE INTEGRITY game**
- **The Resilient quotients are high**
- **Heightened SURVIVAL INSTINCT**

## **ATTRIBUTES & PHENOTYPE**

Scared & afraid  
Weak and timid profile  
Overthinker and emotional  
Selfish and self preserved  
Skeptic and cynic  
Self driven & stingy

## **PATTERNS AND SYMPTOMS**

Very high success rate in visible streams  
Very versatile and flexible  
Highly resilient  
Hungry for more

# The Pakistan Effect

## **The Man-Child Disorder:**

- **The lack of all abilities attached with independent decision making from anyone who grows into a man's body but has the social and emotional matrix of a child.**

## **What is a man-child? :**

- **The emotionally challenged man/woman who has to bear the burden of a man but has no mental or emotional resources of a decision maker**

**Who took your mental and emotional independence?**

**What's the use of your own independent decisions?**

**Who suffers from the man-child?**

- **All Dependents suffer from this man-child as soon as he becomes one**

# CHARACTER & PSYCHOLOGY

## **THE Purpose Driven Psychology**

- **Values and Principles**
- **Purpose and power**
- **Virtues & Attributes**
- **Giving psychology**

- **Vision & Missions**
- **Milestones & Goals**
- **Measures and Quotients**
- **Resources and planning**

# CAREER & DEPENDABILITY

- **Professionalism & Performance**

- **Realistic vision**
- **Clear milestones and workable plans**
- **Time saver rather than money saver**
- **The authenticity of character**
- **The authenticity of skill**

- **THE 4/3/2 CURVE**

- **The 4 year + plan for technical skill**
- **The 3 year + plan for people skill**
- **The 2 year + plan for management skills**

# The 3/Seven/9 Methodology

- **What is the 379 strategy**

- **The 9<sup>th</sup> year Vision**
- **The 7<sup>th</sup> year milestones**
- **The 3 year resource collection**

- **How does the 3/7/9 strategy work?**

- **KSR Mapping**
  - **Knowledge**
  - **Skill**
  - **Resources**

# The Measure of 3/7/9

## • **PHYSICAL Quotients**

- **Health & wellbeing**
- **Energy and fitness**
- **Self-restraint and Discipline**

## • **EMOTIONAL Quotients**

- **Emotional intelligence**
- **Critical Thinking**
- **People orientation and empathy**

## • **MENTAL Quotients**

- **IQ**
- **Research and referencing**
- **Exposure and expertise**

## • **SPIRITUAL Quotients**

- **Self Awareness**
- **God Oriented**
- **Giving psychology**
- **Empathy and afterlife**

# Where will you go wrong

**There is a bigger equation we are a part of:**

**Our personal chemistry + the chemistry of the dependent elements we play with + the independent solvent of time**

## **Personal element**

- **Lack of purpose**
- **Lack of prioritization**
- **Lack of worldview**
- **Lack of knowledge**
  - **Self (emotional and mental profile) –Big 5**
  - **Requirements**
- **Wrong assessment of requirements**
- **Lack of discipline**
- **Lack of resources**

## **Professional element**

- **Lack of understanding**
  - **Factors that are critical V factors that are not critical**
  - **Of the fact that The chemistry of every element will change due to the change in the global landscape**
  - **The personal biases**
    - **Self Preservation bias**
    - **Confirmation bias**
    - **Availability bias**
    - **(The list of unconscious biases)**

**The Leadership Equation : Purpose/Pain = Leadership**

# Where will you go wrong

## **An example of oversteering**

**Daily and hourly task allocation for a 10 year plan Without understanding the personality types and the emotional profile of the dependents in the mission**

**A heterogenous mixture of resources without understanding the science of the elements and their chemistry**

## **An example of understearing**

**Year on year allocation of targets v achievements caused due to lack of understanding the criticality of elements in the equation**

**Lack of filters and accountabilities of the dependents**

**Lack of DISCIPLINE**

**LACK OF MOMENTUM**

# Over Drive or Under steer?

1				
2				
3				
4				
5		<b>Mind</b>		
6		history of world revisions		
7		Muslim History by Adnan Rashid	video series + dawah tool	waiting
8		Learning about Muslim Tehreek and Psychology		
9				
10				
11				
12				
13				
14				
15		<b>Body</b>		
16	109.9	Body weight target on may 30th	104.5	mindfullest Cardio plus
17				
18				
19		<b>Finances</b>		42000 PKR
20				
21	adv payments	Zaka Bhai Assignment + New Projects	9th May	new proj 2
22		updating of an Upwork and fiverr profile.	13th May	
23	revision only	domain flipping course		
24		Usage of Daily Upwork Connects	30th May	
25	chkh newer opt	Sale of Overseas Plot	30th May	
26				
27				
28				
29				
30		<b>Spiritual Dev</b>		
31		Ending of Quran with Arabic Commands.		
32		Promotion of goal setting		
33		Dawah to needed people on daily basis		
34				
35				
36				
37				
38				
39				

AutoSave OFF PLAN - Excel

File Home Insert Page Layout Formulas Data Review View Help Acrobat

Clipboard Font Alignment Number Styles

13

1				
2				
3				
4				
5			<b>Plan @ 2021</b>	
6		<b>Mind</b>	ummat e muslima dr israr	<b>Additional Books Read in 2021</b>
7		reading of 5 books	the god delusion	Emotional Intelligence
8			origin of species	Whole Brain Child
9			the mirage of atheism	Atomic Habits
10			history of world	Children Around Prophet (SAW)
11			book by dr israr karbala	Summary of Bible
12		good networking.	5 aligned mates.	Was Jesus Crucified?
13				Mohammed in Bible
14		<b>Body</b>		
15		wt on mar 31st		
16		wt on july end	112	
17		wt on sep end	97	
18		wt on year end	85.5	
19		<b>Economic Conditions</b>		
20		Yearly financial Goals		
21				
22		<b>Monthly breakdown</b>	E-commwebsite & FL	
23				
24		Feb	Planning & Learning	780
25		Mar	Learning	800
26		Apr	Learning	600 trades + assignments
27		May	300\$	352
28		June	300\$	
29		July	500\$	

# Over Drive or Under steer?

Plan @ 2021		Additional Books Read in 2021	
<b>Mind</b>	ummat e muslima dr israr	Emotional Intelligence	
reading of 5 books	the god delusion	Whole Brain Child	
	origin of species	Atomic Habits	
	the mirage of atheism	Children Around Prophet (SAW)	
	history of world	Summary of Bible	
	book by dr israr karbala	Was Jesus Crucified?	
good networking.	5 aligned mates.	Mohammed in Bible	
<b>Body</b>			
wt on mar 31st			112
wt on july end			97
wt on sep end			92
wt on year end			85.5
<b>Economic Conditions</b>			
Yearly financial Goals			
<b>Monthly breakdown</b>	<b>E-commwebsite &amp; Fl</b>		
Feb	Planning & Learning	780	
Mar	Learning	800	
Apr	Learning	600	trades + assignments
May	300\$	352	
June	300\$		
July	500\$		
Aug	500\$		
Sep	500\$		
Oct	800\$		
Nov	800\$		
Dec	1000\$		
1971 super funds release on visa expiry			
<b>Spiritual Development.</b>			
Completion of Quran voc.	arabic fluency		
End of Quran.. 1.25 hrs daily	words plus audio		
fluency of arabic language			
daily dawah involving alternative			

March 2021	
<b>Mind</b>	
the God delusion complete	
ummat e Muslima ka Maazi, Haal aur Mustaqbil	
<b>Body</b>	
body weight to be on 31st of March	112
5 to 6 days weekly training	
healthy eating habits	as shared by the coach and rani
<b>Finances</b>	
medium and HR inv done on BTFNX and Pxf	good going
Course related to SEO Done	
Flippa.com web purchase	
demo web purchase for 50\$	
Affiliate marketing and Ad Sense revenue	
loss of 52000 PKR	
careful with the scammer	
<b>Spiritual Dev</b>	
read 10 surahs in detailed arabic inshAllah.	slow progress arabic
Reading till Surah Al Jumuah	
dawah on daily basis	

## **Self-Awareness**

- Emotional Self-Awareness
- Accurate Self-Assessment
- Self-Confidence

## **Social Awareness**

- Empathy
- Organisational Awareness
- Service Orientation

## **Self-Management**

- Emotional Self-Control
- Transparency
- Adaptability
- Achievement Orientation
- Initiative
- Optimism

## **Relationship Management**

- Developing Others
- Inspirational Leadership
- Change Catalyst
- Influence
- Conflict Management
- Teamwork & Collaboration

